

JOIN US FOR AN AFTERNOON OF

RUACH

The RUACH program is pleased to announce its upcoming calendar of events for the month of May. All programs at YINR will begin with a lunch at **12:30 pm** followed by the event at **1:15 pm**. Please join us. We look forward to seeing all of you.

MAY 1, 2019

“ARE YOU IN TOUCH?”

PRESENTATION BY KATHY GILWIT,
COMMUNICATIONS DIRECTOR FOR
THE CITY OF NEW ROCHELLE

Learn about New Rochelle communication channels, the challenges we face in light of shrinking and diverse media, and what residents can do to stay in touch.

MAY 8, 2019

IN CELEBRATION OF YOM HA'ATZMAUT — SCREENING OF “BEN GURION, EPILOGUE”

MODERATED BY BAILA WEISS

Based on archive material, the film reveals the final years of Israel's founder, David Ben-Gurion. Excluded from leadership, he allowed himself a hindsight perspective on the Zionist enterprise.

MAY 15, 2019

MAKE YOUR OWN ART PROJECT

COORDINATED BY RITA SCHILLER

Use your hidden artistic talents to create an unusual one-of-a-kind art project to take home with you.

MAY 22, 2019

“THE STORY OF VITAMIN D”

A PRESENTATION BY RUTH FREEMAN, MD

The sunshine vitamin (D) — the production of vitamin D and its role in bones, immunity and diseases.

MAY 29, 2019

“MY FAMILY’S JOURNEY FROM BERLIN TO SHANGHAI TO ISRAEL TO THE USA”

PRESENTATION BY ELLEN KRACKO

Ellen Kracko was born in Shanghai, China in 1947. She will share her family's journey from Nazi Germany/Berlin to Shanghai to Israel to the USA.

YINR MEMBERS: No charge / NON-MEMBERS: \$10

RSVP: Vera Koppel at southernmansions@aol.com